

Thank you for your interest in the Alzheimer's and Dementia Respite program located at Immaculate Conception Church. Our respite care program is a social day program intended to provide time away from caregiving responsibilities and give relief to caregivers of individuals living with Alzheimer's disease or any other form of dementia. Our respite care program is offered one time per month, on the second Thursday of the month, from 10 AM until 2 PM.

Participants:

Persons attending the respite program must be able to ambulate or self propel without assistance from volunteers, must be able to follow simple verbal direction, and must be able to manage their own hygiene and toileting needs.

Volunteers:

All of our volunteers have been trained by Catholic Charities. In addition, all of our volunteers have had background checks and are required to attend a Virtus class regarding the care and protection of children and vulnerable adults. Your loved one will receive 1:1 care in a small group setting.

Cost:

This program is free and has been made possible through a grant from the Ralph Wilson Junior foundation and Catholic Charities

How to sign up:

Simply call the office at 716-731-4822. We will then begin the intake process and meet with you to answer any questions you may have.

Sample day:

10:00-10:30am- Welcome participants and provide coffee/snacks/refreshments/conversation

10:30-11:00am- Chair Yoga

11:00-11:30- Art project/Creativity Course

11:30-12:00am- Memory Wellness Game

12:00- Assist participants to prepare for lunch (handwashing, etc)

Lunch

12:45-1:15- Game

1:15-1:45- Music sing along

1:45-2:00pm- Caregiver pick up, collect name tags, take home bags, etc.